

MULTIPLE VARIANTS OF LICHEN PLANUS IN A SINGLE PATIENT: A RARE CASE REPORT

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ABSTRACT

Background

Several variants of lichen planus have been described in literature but there have been notably few cases in which multiple variants of lichen planus in single patient had been described. Of the many morphological variants described, linear and zosteriform lichen planus are rare and unilateral lichen planus seems to be rarer. We report a case in which different variants i.e. oral, zosteriform, follicular & hypertrophic lichen planus exists in a single patient. Main observation. A 30 year old presented to our dermatology department with the chief complaints of itchy violaceous papules over face, chest, back and bilateral lower legs since 3 months. On examination hyperpigmented follicular prominence was present in lesions on back, zosteriform pattern was present in the lesions over chest and back, oral cavity showed white reticulate lacy pattern on buccal mucosa, hypertrophic plaques were present over dorsum of right foot and antero-lateral aspect of right lower leg. Biopsies from involved sites were consistent with features of lichen planus. Conclusion This is found to be one of rarest case in which various variant of lichen planus viz oral, follicular, zosteriform and hypertrophic lichen planus coexist in the same patient.

KEYWORDS: Follicular, Hypertrophicus, Lichen Planus, Multiple, Segmental, Zosteriform